



# Catholic Parish of the Holy Trinity Plymouth



**30 January 2022      Fourth Week in Ordinary Time (Year C2: year of Luke)**

**Saturday      Eve of the Fourth Sunday in Ordinary Time**

9.30am mass of Our Lady at Holy Family. Int:: For priestly vocations in our diocese  
5.30pm mass at St Paul's. Int: Sheila Pocock

**Sunday      Fourth Sunday in Ordinary Time**

9am Mass at Holy Family. Int: Our Parish  
10.30am Mass at Holy Redeemer. Int:: Thomas & Amelia Button RIP FDN  
12 noon baptism at Holy Family: Theodore and Tabitha Kirk

**Monday:      St John Bosco**

11am Funeral at Holy Family: Derek Hannaford  
6pm Mass at Holy Family. Int: Joan Wollard

**Tuesday :      Eve of Candlemas**

9.45am Prayers with Early Years children  
10am Mass at St Paul's with Yr 3. Int:: Eileen Pearson

**Wednesday:      Feast of Candlemas**

10am Mass at Holy Redeemer with Yr 3. Int:: Michael Timoney RIP FDN

**Thursday:      St Blaise**

No mass today

**Friday:**

9.30am Exposition and Benediction at Holy Family  
10am Mass at Holy Family: Int: Hanley, Watson, Eallong, Cassidy & Lannon families RIP FDN  
6pm - 6.30pm Confessions at Holy Family

**Saturday:      St Agatha and Eve of the Fifth Sunday in Ordinary Time**

9.30am Mass of St Agatha at Holy Family. Int: For priestly vocations in our diocese  
5.30pm Mass at St Paul's. Int: Bob & Madonna Hele

**Sunday:      Fifth Sunday in Ordinary Time**

9am Mass at Holy Family. Int: All Deceased Clergy  
10.30am Mass at Holy Redeemer. Int:: Theresa & George Williams RIP

**Email: [plymouth-holytrinity@prcdtr.org.uk](mailto:plymouth-holytrinity@prcdtr.org.uk)    Tels: 01752721361    07717221265**

**Web site: [holyltrinityplymouth.co.uk](http://holyltrinityplymouth.co.uk)**

## Collections and Donations to charities in 2021

These are the donations we collected and gave to charities last year

CAFOD £1767.63

SVP £352.65

Retired Clergy £102.25

St Anthony £36.50

Seminarian Fund £5.00

Mary's Meals £750.00

Home Missions £137.00

Catholic Children's Society (Plymouth) £81.00

Aid to the Church In Need £10.00

## Coffee after mass at Beacon Park

We have restarted coffee after mass at Holy Family. All at mass are invited to come and meet each other. It is perhaps a meeting time we could make use of for other purposes as well as social.

Next Sunday (6th) Tanya Trevena the Caritas Plymouth project lead will be joining us for Mass. She looks forward to meeting as many people as possible at Coffee after Mass and would love to hear your ideas on what sort of outreach action you would like to see or help to create in Plymouth.

## St Irenaeus of Lyon helps us understand the mass

St Irenaeus lived from about 130AD to 202AD in Lyon which is in the country we now call France, but which was then called Gaul, and which was an area of the Roman Empire, as Briton then was. He was taught the faith by St Polycarp, and St Polycarp was taught the faith by St John the Apostle. St Irenaeus wrote a book correcting wrong ideas about our Catholic faith, and stating again the faith that had been received from the Apostles. How he describes the presence of Jesus in the bread and wine of the mass can be helpful to us.

Since the 13th century, the customary way we have described the change which takes place at the consecration at mass is by the term transubstantiation, but it uses technical words and concepts (substance and accidents) which belong to the philosophical system of Aristotle, with which we are not familiar in our ordinary ways of thinking. Our understanding is confused further by the fact that we have two English words—substance and accidents—which are totally unrelated and absolutely different to their meaning for Aristotle

St Irenaeus' words from the 2nd century defend the same truth as the doctrine of transubstantiation, but in a way which is perhaps easier for us to understand. He wrote "The bread, which is produced from the earth, when it receives the invocation of God, is no longer common bread, but the Eucharist. It consists of two realities, earthly and heavenly."

When St Irenaeus wrote about "the invocation of God" he is talking about the Eucharistic Prayer of the mass. He is saying that because of the consecration of the bread and wine through the priest, they are no longer just earthly realities, but also heavenly realities, the Body and Blood of Christ.

The earthly realities of bread and wine continue to exist after the consecration, but they contain another reality—a heavenly one—which cannot be removed—the Body and Blood of Jesus.

This is the same teaching as transubstantiation but expressed in words and concepts that are probably easier for most of us to understand.