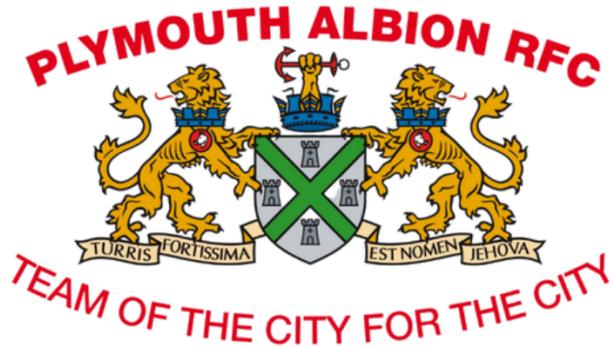


# THE ALBION COMMUNITY PROJECT



2022/2023 SEASON

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# ABOUT US

## COMMUNITY

The Albion Community Project CIC is responsible for the coaching and running of all community events here at Plymouth Albion RFC and around the region.

This includes everything from our Youth Section on Sunday mornings, our tag rugby schools coaching programmes, to our Community Hub and Coffee Mornings here in the clubhouse.

# OUR MISSION

The Albion Community Project CIC is integral to our vision as an inclusive hub for the local community, and inspiration to the greater Plymouth region.

By encouraging events beyond the traditional '13 days of rugby', our aim is to make the Brickfields a hive of activity seven days a week servicing the locality through a variety of means.

Benefitting health and wellbeing, as well as promoting physical activity and healthy lifestyles, in a safe and friendly environment through the avenue of sport.



# MEET THE TEAM

## WHO ARE WE?



**Name:** Dan Pullinger

**Age:** 27

**Position:** Head of Community



**Name:** Harry Wilkinson

**Age:** 24

**Position:** Community Coach



**Name:** Tom Petty

**Age:** 25

**Position:** Community +  
University Coach



**Name:** Tom West

**Age:** 30

**Position:** University + Community  
Ladies Coach



**Name:** Henry Clements

**Age:** 23

**Position:** Community +  
University Coach



**Name:** Jack Mears

**Age:** 25

**Position:** Strength & Conditioning  
+ Community Coach

# SCHOOLS COACHING

## OPPORTUNITIES

A variety of great opportunities to offer a high level of coaching to students that may not otherwise have access to clubs or coaching outside of school hours. We can cater for all abilities, from complete novices to your more talented performers.

Our highly enthusiastic, interactive and high-energy rugby sessions allow our participants to improve their rugby skills and increase their physical activity levels, whilst having fun and trying something new!

### After School Clubs

### Curriculum PE – Rugby

### Day Visits

### Coaching Workshops

### Costs (inc. VAT)

1 – 5 Sessions

£40 per session (1 hour)

6 – 10 Sessions

£35 per session (1 hour)

10+ Sessions

£30 per session (1 hour)

Day Visits (0900 – 1500)

£195 (1 Coach + £75 2 coaches)

Coaching Workshops

Prices available on request

# SUPER SATURDAY

## MATCHDAY EXPERIENCE



A fantastic opportunity to immerse yourself and the younger generation in a full matchday experience here at The Brickfields, at one of our home fixtures.

The Super Saturday Matchday Experience includes:

- **Full Stadium Tour**
- **Meet The Players**
- **Training Session**
- **Guard of Honour for Kick Off**
- **Half Time Pitch Walk/Game**
- **Team Photo**

Our Super Saturday experiences are completely **FREE** for the kids to come along to, and come with 5 **FREE** adult tickets to accompany them!  
*(Discounted Tickets available for surplus adults within the group!)*



# CAMPS

# HALF TERM

Our half term camps are a great way for our youngsters to engage with rugby and multi-sport activities outside of school hours.

Our growing team of community coaches offer high level and engaging action packed days of fun and games to keep our participants active and entertained. With the goal to encourage them to take part in rugby and other sports in their free time.

Our camps also offer great child care assistance with early drop off and after club care running until 5pm or later upon request.

## KIDS OCTOBER HALF TERM CAMP

SCAN TO BOOK  
NOW WITH YOUR  
SMARTPHONE



[HTTPS://FORMS.OFFICE.COM/R/TUJXPZ9VRQ](https://forms.office.com/R/TUJXPZ9VRQ)



**Dates:** Monday 24th October (Rugby)  
Tuesday 25th October (Rugby)  
Wednesday 26th October (Multi Sports)

**Times:** 0900 – 1500  
(After club care available  
until 5pm just £5 per hour)

**Ages:** 7 – 12 Mixed Boys + Girls

**Cost:** 1 Day = £30  
2 Days = £55  
3 Days = £70

SPONSORED BY



Coached by Plymouth Albion First Team Players! Lots of fun rugby + games activities, opportunities to learn new skills and make new friends!

**#AlbionAsOne**

# YOUTH SECTION

## OUR FUTURE

Newly formed as of September 2022, our very own youth section with teams running from Under 7's/8's/9's and under 18's Colts.

There is no denying that the grassroots level of our beloved game is by far the most precious, and we must continue to grow the sport and encourage participation across all ages and genders.

Offering weekend rugby to our youngsters is a huge step in the right direction for us as a Community Department and one we will continue to grow.



# 2022



# 2023

## September

3rd	Cambridge	A
10th	Taunton	A
17th	Sale	H
24th	Cinderford	A

## October

1st	Esher	H
15th	Chinnor	A
22nd	Hull	H
29th	Bishops Stortford	A

## November

5th	Darlington Mowden Park	H
12th	Rams	A
26th	Rosslyn Park	H

## December

3rd	Birmingham Moseley	A
10th	Leeds Tykes	H
17th	Taunton	H

## January

7th	Sale FC	A
14th	Cinderford	H
21st	Esher	A
28th	Chinnor	H

## February

18th	Hull	A
25th	Bishops Stortford	H

## March

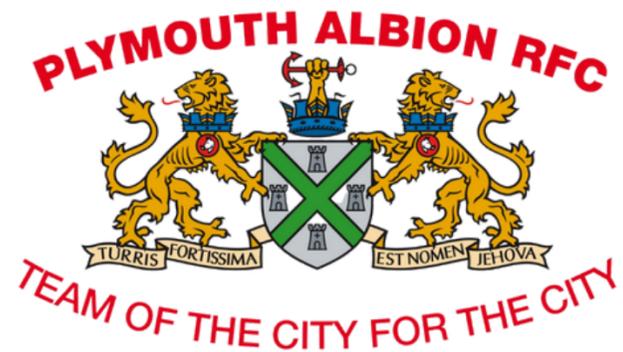
4th	Darlington Mowden Park	A
11th	Rams	H
25th	Rosslyn Park	A

## April

1st	Birmingham Moseley	H
15th	Leeds Tykes	A
22nd	Cambridge	H

# GET IN TOUCH

# CONTACT



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